

You **CAN** have your cake  
*...and eat it too!*



# Fat & Carb Blocker

With so many diet products on the market, how do you decide which one will be most effective? With that question in mind, Maximum International has introduced 1-EZ Diet Fat & Carb Blocker, formulated to address a dieter's multiple needs for safe and effective weight loss.

Fat & Carb Blocker does just that ? blocks the absorption of fat and carbohydrates from the diet and helps to eliminate them from the body. Fat & Carb Blocker contains chitosan, a product derived from the fibrous outer shell of crustaceans. Chitosan binds to and absorbs many times its weight in fat and cholesterol in the intestine. Because chitosan is a fiber, it helps speed the elimination of these substances from the body.

Phaseolus vulgaris derived from white kidney beans is another ingredient in Fat & Carb Blocker. This derivative interferes with the production of alpha-amylase, the enzyme that breaks down starch into simple sugars that are easily absorbed into the blood stream. Elevated levels of glucose from simple sugars contribute to weight gain and abnormal insulin levels.

Fat & Carb Blocker contains oat bran, another healthy fiber. Oat bran has bulking properties that help to reduce appetite, assist in the elimination of fats, and control blood sugar levels.

Chromium is a trace mineral that assists in weight loss by improving the utilization of insulin, reducing body fat, and maintaining lean body mass. Unfortunately, chromium is stripped out of processed foods and may be deficient in the average American diet. Fat & Carb Blocker contains 44 mcg of this essential mineral to promote healthy musculature while helping to shed unwanted pounds.



**Fat & Carb Blocker**  
 UPC: **8-00326-40004-7**  
 Item#: NSFC-40004  
 Size: 60 Capsules  
 Bottle dim: 2 1/8 x 2 1/8 x 3 3/4"  
 Bottles per case: 12  
 Case dim: 7 x 6 1/4 x 9 1/4"  
 Weight per case: 2.0 lbs  
 MSRP: \$28.99

Supplement Facts		
Serving Size: 2 Capsules Servings Per Container: 30		
	Amount per serving	%DV*
Chromium (as chromium picolinate)	44 mcg	37%
Chitosan	700 mg	**
White Kidney Bean	100 mg	**
Oat Bran	50 mg	**

\*%Daily Value      \*\*Daily Value not established



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† This statement has not been evaluated by the Food and Drug Administration. This product is not meant to treat, cure, diagnose, or prevent disease.